

AASR and HSI Summer Reading Challenge

**ALLIANCE
AGAINST**

**SECLUSION
RESTRAINT**



HEART-STRONG
INTERNATIONAL



Follow the steps!

1

Download the [Big Book List for Trauma-Informed Changemakers](#).

2

Join the Trauma-Informed Changemakers Facebook Group to find Book Study Buddies!
www.Facebook.com/groups/TraumaInformedChangemakers

3

JOIN or START a book study (or an ongoing book club)!

4

Fill out the form to be eligible for prizes! Go to this link:

Summer Reading Challenge - Sign Up Form
<https://bit.ly/HSISummerReadingChallenge>

5

Read the book and attend or run the book study. If you are doing the study for graduate credit, keep a log of your meetings and what was discussed.

6

Implement new ideas from the book into your family, school, or community! Be an active changemaker!

7

Celebrate with others in the Summer Reading Challenge by posting your progress in the Facebook Group - Trauma-Informed Changemakers!

8

Want Book Study graduate credit or Certification as a Trauma-Informed Specialist, Certified Parent Coach or Certified Educational Trainer? Reach out to Support@WingBuilder.com for details!